

Psalm 59 is a Psalm written by David at a time when he faced troubles with serious consequence. Because of the manner in which the Psalms are written, we aren't given vast amounts of detail regarding the setting and circumstances of David's situation. These details are provided elsewhere in Scripture. However, we do see some of David's heart and attitude surrounding the circumstances he is in the midst of.

Psalm 59

Desperate

For

Deliverance

I. COMPARING OUR STORIES

MY EXPERIENCE...

YOUR EXPERIENCE...

We've all encountered various situations making "delivery" critical. Perhaps we've faced physical trauma, maybe relational problems, even light-hearted scenarios we just didn't want to be in. Considering the wide array of trials, troubles, or situational realities, we can all relate to a time when we were desperate for deliverance, perhaps because of a circumstance handed to us, or because of sins we committed.

II. CONSIDERING OUR STRUGGLES

HOW do you handle circumstances that put you in a place of desperation?

WHAT is one situation of deliverance you've faced that ended well?

WHEN you experience challenging hardships, **WHAT** kind of role (if any at all) do you think God plays in them?

HOW do you think Christians ought to respond to desperate situations they face in life?

IS there a difference in how we ought to respond to circumstances brought on by our sin and those that seem to befall us, outside of our "choosing"?

Psalm 59

Desperate For Deliverance

Read Psalm 59

OBSERVATION

According to the superscription, who do we learn wrote this Psalm and under what circumstances?

What is David's opening request in vs. 1-2?

In vs. 3-4, what do you observe about those who pursue David, and for what reason?

What two verbs does David use (vs. 4-5) as he requests help from the Lord?

What images are used to describe David's adversaries in vs. 6-7?

Describe the contrast mentioned in vs. 7-8.

Where does David find help in his circumstances according to vs. 9-10?

What do you notice about David's request in vs. 11-13?

How does the Psalm end in vs. 16-17?

INTERPRETATION

Read 1 Samuel 19:8-17. What do you come to understand regarding David's context that helps to better understand this Psalm?

How does the imagery used to describe those who seek David's life add to the urgency of what he's enduring? Consider the descriptions given in vs. 6-7, 14-15, specifically.

What does the term Selah mean at the end of vs. 5 and vs. 13? Why is placed at these two locations?

Why does David make the request found in vs. 12? What insight does the following verse reveal to the reader?

Some Psalms voice lament, expressing grief or sorrow. Others are considered imprecatory, calling down a curse. How might you categorize this one and why?

In the final two verses, David begins in vs. 16 with a coordinating conjunction ("but"). How does this conclusion affect David's perspective regarding the situation he is in? Consider Psalm 103:11-12 for insight.

APPLICATION

When we know God as our Strength and rest in His steadfast love, how does it shape the way we experience any circumstance?